

Steps to Cut & Fold Living Donor Card

1. < Cut out the entire card along the gray dashed line.
2. ↓ Fold in half vertically (Donate Life and Ohio State logos will be on the backside of the card)
3. → Fold in half horizontally (Donate Life logo will be on front, OSU logo on back, Facts and Recipient info on inside)

(1. Cut out along gray dashed line)



Give the gift of life.

Be the difference. Be a living kidney donor.

Did you know more than 95,000 people in the U.S. are on the waiting list for a kidney transplant?
Did you know the average wait time for a kidney from a deceased donor is four years?

(2. Fold in half vertically)

Facts for Potential Living Kidney Donors

- Donors do not have to be immediate family members and do not require matching blood types. Gender and race are also not factors.
- Donors are usually between 18–70 years of age, in good physical/mental health and free from uncontrolled high blood pressure, diabetes, cancer, HIV/AIDS, hepatitis and organ disease.
- Hospital stay is three days and return to normal activity after four to six weeks.
- Recipient insurance covers medical expenses of donation and follow-up care. Assistance programs are available for living donors to cover additional expenses like travel.
- All major religions in the U.S. support organ donation.
- Living with one kidney does not put donors at excess risk of dying prematurely versus living with two kidneys.

(3. Fold in half horizontally)

Ohio State Comprehensive Transplant Center
300 W. 10th Ave., 11th Floor
Columbus, OH 43210
<http://wexnermedical.osu.edu/kidneydonor>



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Recipient Name: _____

Blood Type: _____

For more information, call
800-293-8965, option 3 or
[email LivingKidneyDonorProgram@osumc.edu](mailto:LivingKidneyDonorProgram@osumc.edu)