



## Steps to Cut & Fold Living Donor Card

1. ✂ Cut out the entire card along the gray dashed line.
2. ↓ Fold in half vertically (Donate Life and Ohio State logos will be on the backside of the card)
3. ➡ Fold in half horizontally (Donate Life logo will be on front, OSU logo on back, Facts and Recipient info on inside)

✂ (1. Cut out along gray dashed line)

↓ (2. Fold in half vertically)

 <p>Be the difference. Be a living kidney donor.</p> <p>Give the gift of life.</p> <p><i>Did you know more than 95,000 people in the U.S. are on the waiting list for a kidney transplant? Did you know the average wait time for a kidney from a deceased donor is four years?</i></p>	<p><b>Facts for Potential Living Kidney Donors</b></p> <ul style="list-style-type: none"> <li>• Donors do not have to be immediate family members and do not require matching blood types. Gender and race are also not factors.</li> <li>• Donors are usually between 18–70 years of age, in good physical/mental health and free from uncontrolled high blood pressure, diabetes, cancer, HIV/AIDS, hepatitis and organ disease.</li> <li>• Hospital stay is three days and return to normal activity after four to six weeks.</li> <li>• Recipient insurance covers medical expenses of donation and follow-up care. Assistance programs are available for living donors to cover additional expenses like travel.</li> <li>• All major religions in the U.S. support organ donation.</li> <li>• Living with one kidney does not put donors at excess risk of dying prematurely versus living with two kidneys.</li> </ul>
<p>Ohio State Comprehensive Transplant Center 300 W. 10th Ave., 11th Floor Columbus, OH 43210 <a href="http://wexnermedical.osu.edu/kidneydonor">http://wexnermedical.osu.edu/kidneydonor</a></p> <p> <b>THE OHIO STATE UNIVERSITY</b> WEXNER MEDICAL CENTER</p>	<p>Recipient Name: _____</p> <p>Blood Type: _____</p> <p>For more information, call 800-293-8965, option 3 or email <a href="mailto:LivingKidneyDonorProgram@osumc.edu">LivingKidneyDonorProgram@osumc.edu</a></p>



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